

NEWS RELEASE FOR IMMEDIATE RELEASE February 12, 2025

FOR MORE INFORMATION: Media and Communication, 205.391.2959

mediacom@sheltonstate.edu

SHELTON STATE COMMUNITY COLLEGE CROSS COUNTRY TO HOST 5K

Tuscaloosa, Alabama – Shelton State Cross Country will host a 5k on Saturday, April 12, 2025, on the College's Martin Campus. The race will begin at 8:00 a.m. near the College's soccer field and will end in the same location. Participants can register online beginning February 14. The sign-up fee is based on registration date: \$30 for February, \$35 for March, and \$40 for April.

This 5k comes after Shelton State women's cross country winning season, finishing 10th at the NJCAA DII meet this past November. In addition, Head Coach Charles Tiller was named Alabama Community College Conference women's cross-country Coach of the year.

This year's 5k will help raise money for the program and prepare the teams for this upcoming season.

"The 2025 season promises to be our strongest yet, with a nationally ranked recruiting class ready to add depth and talent to our already impressive roster. We're committed to bringing home more accolades for Shelton State," said Coach Tiller.

"The support we receive from our community and donors is invaluable as we continue to grow our program. Hosting this 5K event is a great way for us to engage with our supporters and raise much-needed funds to help our athletes reach their full potential."

The 5k is open to the community.

For more information about Run for Shelton State 5k, please contact Charles Tiller at ctiller@sheltonstate.edu